

SILVER OAK UNIVERSITY EDUCATION TO INNOVATION



Proposed Syllabus for ACADEMIC YEAR

2020 – 21

Master of Arts

In

Applied Psychology

College of Humanities and Social Science

SILVER OAK UNIVERSITY

Course Aim:

1. To provide an opportunity to extend the knowledge base to the world of practice with a view to promote healthy interface between academia and society.
2. To create a strong research oriented theoretical foundation in consonance with recent advances in the discipline of psychology.
3. To equip students with skills and competencies in order to successfully engage with the community.
4. To enable students to take a creative, empirical and ethical approach to the program that combines conceptual repertoire and research practices in both quantitative and qualitative traditions.

Semester - 3

Semester 3 shall consist of 4 core papers which will be compulsory for all students. Each core paper will be for 4 credits. 4 credits will be provided for the Practicum that will be compulsory for all students. Total credit points for this Semester shall be 30.

Subject Code	Subject Name	Lecture	Internal Evolution	University Evolution	Total Marks	Credit
301	Childhood Psychopathology	6	40	60	100	4
302	Clinical Neuropsychology	6	40	60	100	4
303	Psychology of Relationships	6	40	60	100	4
304	Psychotherapy	6	40	60	100	4
305	Forensic Psychology	6	40	60	100	4
306	Therapeutic activities / Internship	6	40	60	100	4

Subject Code: 301

Childhood Psychopathology

Maximum marks: 100

Credits: 4

Course Objectives:

1. To develop a general orientation towards different childhood, Causes and symptoms
2. To know the diagnostic techniques of childhood mental disorders
3. To learn different intervention techniques to deal with differently abled people

Unit I: Intellectual Disabilities (Mental Retardation)-Concept and definitions, Types of intellectual disabilities, Diagnosis of intellectual disabilities Quality of life and and quality of intellectual disabilities, Family issues in intellectual disabilities, Family care giving across the full life span of intellectual disabilities.

Unit II: Autism Spectrum Disorders (ASD)- Concept and definitions, Types of ASD, Diagnosis of ASD, Neuropsychological relation to ASD, Socio-psychological issues in ASD, Interpersonal relationship intervention, Skilled based intervention, Cognitive intervention, Behavioural intervention, Physiological/biological/neurological intervention, Arts therapy, Music therapy.

Unit III: Specific Learning Disorders (SLD): Concept and definitions of SLD, Types of SLD, Diagnosis of SLD, Neuropsychological relation to SLD, Psycho-social issues in SLD, Interventions of SLD- Early intervention, Behavioural Intervention, Cognitive behavioural intervention, Neuropsychological Intervention, Psycholinguistic intervention. 30

Unit IV: Attention Deficit Disorders/Attention Deficit Hyperactive Disorder (ADD/ADHD)- Concept and definitions of (ADD/ADHD), Diagnosis of (ADD/ADHD), Neuropsychological relation to (ADD/ADHD), Psycho-social issues in (ADD/ADHD), Interventions of (ADD/ADHD), Training for Teachers and parents to deal with (ADD/ADHD).

Unit V: Two practicum based on the above four units.

References:

- Simpson, R. L.(2008). Autism spectrum disorders: Interventions and treatments for children and youth. Corwin Press.
- Van Herwegen, J., Riby, D., & Farran, E. K. (2015). Neurodevelopmental disorders: definitions and issues.
- Emerson, E. (2012). Clinical psychology and people with intellectual disabilities (Vol. 97).
- John Wiley & Sons. Bailey, R. D. (1982). Therapeutic Nursing for the Mentally Handicapped. Oxford University Press, USA.
- Clarke, A. (1987). Science And Service in Mental-Retardation-Berg, JM. Silver, A. A., & Hagin, R. A. (2002). Disorders of learning in childhood. Wiley.
- Mahakud, G. C. (2013). Dyslexia: An Introduction to Reading Disorders. McGraw Hill Education (India). Wodrich, D. L., & Woodrich, D. L. (1994). Attention-deficit/hyperactivity disorder: What every parent wants to know. Paul H. Brookes. Rief, S. F. (2008). The ADD/ADHD checklist: A practical reference for parents and teachers. John Wiley & Sons.

Course Code : 302
Clinical Neuropsychology

Maximum marks: 100

Credits: 4

Course Objectives:

1. To know different brain regions responsible for psychological attributes.
2. To understand the neuropsychological relation to different psychological disorders.

Unit I: Introduction to Clinical Neuropsychology- Methods in neuropsychology, Brain Lateralisation, Dysfunction in Neural networking and its impacts. Brain Injury and its impact.

Unit II: Lobular syndromes-Frontal, Parietal , Occipital, Temporal Lobe syndromes. Sensory and Motor disorders.

Unit III: Neuropsychological Attention Disorders, Neuropsychological disorder of Executive functions, Neuropsychological language disorders and Learning disabilities, Neuropsychological Visuo-spatial Disorders,

Unit IV: Neuropsychological Disorders: Minimal brain Dysfunction. Epilepsy, Mental Retardation and Learning Disabilities, Amnesia, Aphasias, Apaxias, Agnosias, and Epilepsy

Unit V: Two practicum based on the above four units.

References:

Stirling, J. (2002). Cortical functions. Routledge.

Stirling, J., & Elliott, R. (2010). Introducing neuropsychology. Psychology Pres.

Cacioppo, J. T., Tassinary, L. G., & Berntson, G. (Eds.). (2007). Handbook of psychophysiology. Cambridge University Press.

Kevin Walsh, A. O. (1978). Neuropsychology: A clinical approach. Churchill Livingstone.

Crawford, J. R., Parker, D. M., & McKinlay, W. W. (Eds.). (1992). A handbook of neuropsychological assessment. Psychology Press.

Mahakud, G. C. (2013). Dyslexia: An Introduction to Reading Disorders. McGraw Hill Education (India).

Boller, F. & Grafman, J, (1988) Handbook of neuropsychology. New York: Elsevier.

Kolb, B., & Ian, Q. W. (1990) Fundamental of neuropsychology. New York: Freeman.

Rao, S. L., Subbakrishna, D. K., & Gopukumar, K. (2004). NIMHANS neuropsychological battery. Bangalore: NIMHANS Publications.

Kar, B. R., Rao, S. L., Chandramouli, B. A., & Thennarasu, K. (2004). NIMHANS neuropsychological battery for children-manual. Bangalore: NIMHANS publication division.

Kumar, J. K. (2010). Neuropsychology in India 13. The Neuropsychology of Asian Americans, 219.

Course Code : 303

Psychology of Relationships

Maximum marks: 100

Credits: 4

Course Objectives:

1. To understand the psychology of interpersonal relationship for meaningful and engaged lives that enhances the Wellbeing.
2. To equip the student with the skills, to practice and promote positive relationships of themselves and others.

Unit I: Introduction: Nature, Scope, Types of Relationships., Psychology of Love and Hate: Passionate Love, Sadism, The power of Positive relationship.

Unit II: Theory and Implications for Intimate Relationships, Interpersonal Hate from Clinical Perspective, Gender Myths. 39

Unit III: Interventions: Developmental perspective on relating with children, adolescents, adults and the elderly; Understanding the relational dynamics of social exclusion, violence and marginalization (disabled, LGBT, caste and tribal status etc.).

Unit IV: Therapeutic Relationship: Transference, Counter-transference and Imagination, Family Counselling, Marriage and Couple Counselling.

Unit V: Two Practicum Based on Unit I to Unit IV.

References:

Wiener. J. (2009). Transference, Countertransference, and the Making of Meaning.

Texas A&M University Press Emma Cuyler And Michael Ackhart (2009) Psychology Of Relationships. Nova Science Publishers, Newyork.

Palmer. S. (2002). Multi-cultural Counseling.

Sage Brgin and Garfeild (2013) Handbook of Psychotherapy and Behavior Change (6th ed.) Jhon Wiley & Sons. New Jersey.

Subject Code: 304

Psychotherapy

Unit I: Behaviour Therapy & Applied Behaviour Analysis. Behavioural Assessment. Basic concept. Stimulus control Relaxation techniques, Use of behaviour therapy in Problem Behaviour-Internalizing problem behaviour, Externalizing problem Behaviour, Conduct disorders, Behavioural Distortion, Behavioural coding and Behavioural assessment, Case history taking.

Unit II: Cognitive and Behavioral Therapy and Approaches: REBT, Understanding, Defining and assessment of the issue: Behavioural Observation, Empathy, Integration of intake. Interventions: Exposure Therapies, Flooding and Implosion, Modeling, Systematic Desensitization, Assertiveness training, EMDR: Applicatio

Unit III: Individual Therapy, Group Therapy, Gestalt therapy, Motivational Enhancement Therapy.

Unit – IV: Art therapy, Play Therapy, Supportive therapy, Family Therapy

References:

O'Donohue, W. T., & Fisher, J. E. (Eds.). (2012). Cognitive behavior therapy: Core principles for practice.

John Wiley & Sons. Jena, S. P. K. (2008). Behaviour Therapy: Techniques, Research and Applications. New Delhi: Sage.

Kazdin, A. E. (2001). Behaviour Modification in Applied settings, 6th Ed. Wadsworth.

Subject Code: 305

Forensic Psychology

Maximum marks: 100

Credits: 4

Course Objectives:

1. To develop a general orientation towards different fields of forensic psychology and criminal behaviour.
2. To learn different techniques used in forensic investigation.

Unit I: Forensic Psychology: Introduction and overview; Historical Perspective; Fields of Forensic Psychology; Criminal and Investigative Psychology; Police Psychology.

Unit II: Hostage taking; Police interrogation and False confession. Criminal of Psychological autopsy. Geographical profiling and mental manpower, Criminal Identification; Solitary confinement.

Unit III: Psychological impacts of violence and sexual offences, Treatment of sexual offenders, Family violence and victimization, Prevention of violence; Family preservation model Psychology of the bystanders.

Unit IV: Mental and Aptitude testing; Personality assessment; Education and Training; Occupational stress in Police and investigation, Post-traumatic stress disorder in police.

Unit V: Two Practicum based on the above four units

References:

- Bartol, C. R. & Bartol, A. M. (2004) Introduction to forensic psychology. New Delhi: Sage.
- Blackburn, R., (1993) The psychology of criminal conduct: Theory research and practice. Chichester: Wiley & Sons.
- Dhanda, A. (2000) Legal order and mental disorder. New Delhi: Sage.
- Harari, L. (1981) Forensic psychology. London: Batsford Academic.

Subject Code : 306

Therapeutic activities / Internship

Maximum marks: 100

Credits: 4

Course Objectives:

1. To develop a general orientation towards field of psychology.
2. Understand the practical aspects of conducting Case History MSE, counselling and family therapy sessions.
3. To learn different psychological techniques used in placement.